

South Lakes High School Swim and Dive
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NEWS RELEASE

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Seahawks Finish Record-Breaking Season for SLHS Swim & Dive

Reston, VA – Strong performances and a number of record-breaking swims by South Lakes High School swimmers helped the Seahawks close out their season on a positive note at the VHSL State Championships, February 16-17 at George Mason University. This season marks the last for Coach Scott Brown after coaching the team for 23 years.

Junior Emma Bulger brought home the first-place championship in diving, while three swimmers and a relay team set new school records. The boys team finished seventh overall and the girls finished sixteenth at the state conference.

Record-setting swims were recorded at the state championship by freshman Anna Redican, who took second in the 100-yard backstroke with a school record time of 55.71; Michael George, who took seventh with a new school record time of 58.08 in the 100-yard breaststroke; and Gianmichel D'Allesandro, who set a new school record in the 50-yard freestyle with a time of 21.69. The boys 200-yard medley relay team of Hunter Ellis, Michael George, Tyler Ellis, and D'Allessandro finished third and set a new school record with a time of 1:353.14.

Other highlights from the state meet included:

- Fourth place finish in the 500-yard freestyle for junior Jack Edgemon
- Seventh place for the boys 400-yard freestyle relay team of D'Allessandro, Robby Cordts, Edgemon, and Tyler Ellis
- Eighth place in the 100-yard freestyle for D'Allessandro
- Tenth place for the girls 400-yard freestyle relay team of Emily Landeryou, Claudia Reverte, Caitlyn King, and Sophia Landeryou.

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